



Supporting Parents.  
Nurturing Children.

## Parent Education & Support Summer 2010

### Mother's Group (Spanish)

This group gives mothers a place to meet and connect with other mothers. Guest Speakers, Special Topics, & Craft Projects will be offered.  
10:00 – 12:00noon -Last Friday of Each Month - held at Fuller Park      Marti Brennan - group facilitator

### Ages & Stages

Ages & Stages is a fun, interactive, one on one activity to help parents determine if their child's development is age appropriate. Available for parents & children, ages 4 months to 5 years old. (English & Spanish)      Call for an Appointment

### Drop In-Childcare\*

Parents can relax or get work done in Cope Family Center's comfortable community room. Children are cared for, in our childcare room, by our on staff childcare provider. Parents must stay on site. Open to the community.

TEMPORARILY UNAVAILABLE

### Children in the Middle

A program, developed by the Center for Divorce Education, that helps children and their parents deal with the children's reactions to divorce. It is designed to teach parents the skills needed to avoid putting children in the middle of their conflicts.

Ongoing -By Appointment      Marla Wiggin-facilitator

### Kinship & Coffee

Are you raising your grandchild, younger siblings, nieces/nephews or another relative's child? Join our ongoing support group that provides an opportunity to learn where to find help and share challenges, needs, resources and experiences with others in similar situations.

(English) ongoing the First Tuesday Each Month (6/1, 7/6, 8/3, 9/7)      9:30 – 11:00 AM      Sue Sanderson - facilitator

### Single Parent Group\*

Single parents unite! Meet with other parents without partners to share your challenges, discuss common topics of interest, lend & receive support and make new friends. (Location changes, call Sarah @ 257-7278 or e-mail [nvsingleparents@gmail.com](mailto:nvsingleparents@gmail.com) for location)

(English) ongoing the Second Tuesday Each Month (6/8, 7/13, 8/10, 9/14)      6:00-7:30 PM      Sarah Barry - facilitator

### Individual Parenting Consultations

One on one parenting sessions available for parents who are mandated to take parenting classes when other classes are unavailable or for parents who are aren't able to attend other scheduled classes. Classes are structured on an individual basis depending on age of children.

Ongoing - By Appointment ( English)      Marla Wiggin- facilitator

For More Information Please Call Angelina at 252-1123 or  
Marla Wiggin, [mwiggin@copefamilycenter.org](mailto:mwiggin@copefamilycenter.org)  
\* Child care available (call to reserve/space limited)

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