



Growing knowledge and networks for professionals working with families.

Using Brain Science to Address Adverse Community Experiences and Build Resilience

Hosted by Napa Valley College, Resilient Napa (a collaborative project of Cope Family Center), the Strategies 2.0 Bay Area Learning Community, and the Greater Bay Area Child Abuse Prevention Council are partnering to bring together experts in a series of free talks and a workshop that will build participants' understanding of the impact of historical and systemic trauma on children, families and communities, raise individual and community awareness of the existence of structural racism and poverty, describe the link between adverse childhood and community experiences and negative outcomes, and propose solutions.

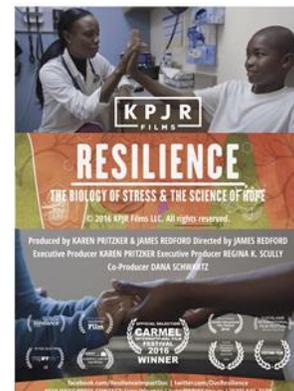
The goal of the series is to, through the sharing of lived experience and evidence-based expertise, provide information that people may not otherwise be aware of, and that may change the direction of their understanding of themselves, their communities and/or their work. The first event, hosted by Napa Valley College and Resilient Napa, took place on February 20th, with Dr. Flojaune Cofer. The remaining convenings will take place at Napa Valley College, but will also expand with satellite sites in the Bay Area Region counties, including Monterey and Contra Costa.

A screening of *Resilience: The Biology of Stress & The Science of Hope* will precede April and May convenings, for the first hour. If you attend the April screening, please feel free to arrive at 3pm in May for the speaker/networking sessions. *Resilience* chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease. The schedule is as follows:

Wednesday, April 17, 2019 from 2pm-5pm
Flojaune Cofer: ACEs, Race and Health Equity, Part II
**Registration is open*

Wednesday, May 15, 2019 from 2pm-5pm
**Kanwarpal Dhaliwal: Resilience, Resistance, and Relationship:
The 3 Rs of Systems Change**
**Save the Date*

Wednesday, June 19, 2019 from 5pm-8pm
TBD, there will not be a screening for this event.



Connect with us:

ResilientNapa.org | StrategiesCA.org | NapaValley.edu | calparents.org/bay-area-prevent-child-abuse



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Flojaune Cofer: ACEs, Race and Health Equity, Part II

Wednesday, April 17, 2019 from 2pm-5pm

Participate in person at Napa Valley College or remotely in Concord or Monterey

This talk will be a continuation of the first convening's exploration of the world beyond the Kaiser-CDC study list of 10 ACEs and community adverse experiences. Attendance of Part I is not required to enjoy and learn from this presentation. The talk will be built around responses to a survey of attendees of Part I and of the Resilient Napa community and focus on what people want to learn about more in depth.



Flojaune Cofer, PhD, MPH (April 17th)

Epidemiologist and Senior Director of Policy at Public Health Advocates Flojaune Griffin Cofer oversees the state policy efforts and the All Children Thrive- CA local trauma policy initiative. Her professional interest is addressing emerging and persistent public health challenges through research and policy. Her work primarily focuses on metabolic disease prevention, restorative justice, and adverse childhood experiences (ACEs).

Enroll at <https://strategiesca.asentialms.com/catalog/>

Save the date: Kanwarpal Dhaliwal: Resilience, Resistance, and Relationship: The 3 Rs of Systems Change



Kanwarpal Dhaliwal (May 15th)

Trauma is historical, structural, political, generational, interpersonal, and embodied. So then must be our healing. This session will share a framework, approach, and key practices that acknowledge and address these multi-layered contexts and expressions, focusing on the necessity of systems change and transformation. Kanwarpal Dhaliwal is one of the co-founders of RYSE and currently acts as the Associate Director.

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